

Midwestern State University

Robert D. & Carol Gunn College of Health Sciences & Human
Services

Revised, May 2023

Course Number: HSHS 1013 **3 credits**
Course Title: Global Health and Wellness

Instructor: Dr. Jennifer Anderson, EdD, RRT, **Class Meetings: Pensick Hall (the lower level)
RRT-NPS**

Centennial Hall, Office 420E
Office: (940) 397.4656
Email:
jennifer.anderson@msutexas.edu

Prerequisite:

- None

Course Overview:

This study abroad course is designed to introduce students to global health and give them an understanding of how the global community affects and is affected by changes in economic, political, and social factors while studying at St. George University in Grenada, West Indies. Influences such as education, income levels, governmental policies, regulation of health care provision, and transnational economic and political relations will be discussed. The importance of the globalization of disease and wellness and the importance of including all citizens in global health concerns will be deeply discussed.

Course Objectives:

Upon completion of this course, students will:

1. Describe various factors that contribute to approaches to health care.
2. Identify key terms and concepts in global health and wellness.
3. Discuss ecological foundations of global health.
4. Examine communicable diseases as transnational threats to human health and non-communicable disease burden on global health.
5. Explore inequities in global health.
6. Investigate issues related to global health and security and human rights issues.
7. Discuss issues related to the top-down and bottom-up promotion of global health.
8. Identify his/her role in the global health community.

Textbook:

Global Health 101, 4th Edition, Richard Skolnik, Jones & Bartlett, 2021.

(You will need to bring a laptop and textbook for all classes)

Attendance:

This is a study abroad course utilizing a hybrid model requiring face-to-face as well as online components. Course meetings will be held at St. George University in Grenada, West Indies, under the supervision of your MSU Faculty. Guest faculty from St. George University will also be providing supplemental instruction throughout our experience in Grenada. Course meetings at St. George University. Exact class schedule meeting times and location will vary each week. Printed details will be provided in class and online on the first day of the course. Each class meeting is critical to overall success in the course. The student must be vigilant in both classroom and online attendance. **Two or more unexcused absences could result in a reduction in the student's overall course grade by one letter grade as determined by the faculty.** You must be vigilant in logging onto D2L. Regular checks will ensure that messages from the instructor are received in a timely manner. This course is on a schedule that will be strictly adhered to. See the Course Schedule for specific information about activities and due dates.

Participation:

A portion of your course grade will be based on participation and discussion during the trip. This includes your oral contributions to both formal and informal discussions. It also includes your overall conduct on the trip. In evaluating your participation, I will ask such questions as the following. Were you on time and prepared? Do you pay attention? Did you take the course matter seriously? Do you engage speakers and guides with thoughtful questions? Did you engage the instructor, the students, and the guides in thoughtful conversation about issues pertaining to the course? Please note that all aspects of participation are based on the honor system.

Teaching Strategies:

Independent reading assignments, class discussions, online D2L open book modules quizzes, classroom assignments, island tours, and an applied research project.

Grade Items and Grade Determination:

Discussion Boards	10%
Quizzes	15%
Assignments/Participation	50%
Applied Research Project	25%

APPLIED RESEARCH PROJECT:

The student will be required to complete the final project as described in the Applied Research Module:

- Students will work together on a project in groups (no more than four students in each group).
- Students will produce a poster to present to the class.

Grade Scale:

A = 100 – 90
B = 89 – 80
C = 79 – 70
D = 69 – 60
F = 59 and below

Individual questions and concerns should be handled through an email directly to the professor using the email address at the top of this syllabus or through D2L email. Email is the best way to contact the instructor.

Throughout the semester, the professor may post announcements on D2L. Contact information for the professor is listed at the beginning of this syllabus. Email is the preferred mode of communication. Students must use the MSU Student Email system. The professor will respond or at least acknowledge email messages from students within a maximum of five (5) business days when MSU is in session. Beyond standard university holidays and breaks, the professor will notify students of any extended periods of time when email contact is not practical (professional meetings, etc). The professor will be available to meet with any interested students if they request it. This meeting is optional and must be confirmed by email ahead of time with the professor.

Missed Quizzes or Other Graded Item Policy:

Anything not completed and handed in on time will be subjected to a "0" for that specific grade. Please talk with your professor, prior to the due date, regarding circumstances that may prevent you from completing an assignment. All assignments must be completed by the end of class on the date due (with the exception of online quizzes due by 11:59 pm on the date due).

COURSE MODULES (Activities and Assignments)

Students can proceed through the course content at their own pace within the boundaries set by the Course Schedule and the MSU Academic Calendar. See the Course Schedule at the end of this syllabus for specific information about activities and due dates.

If students have technical difficulties, they should use the “Help” link on D2L, contact the MSU Information Systems Support Staff, and send an email to the professor explaining what happened.

- **All work submitted to the instructor will be considered complete and final and will be graded as such.**
- **All reading assignments are mandatory and the student's comprehension of the content will either be graded in the form of a quiz or applied in an assignment.**
- **All assignments must be written at the baccalaureate level and will be graded for accuracy, completeness, quality, spelling, grammar, and integrity.**
- **Because of the nature of the assignments and the course, late submissions will not be accepted.**

Welcome (Students should start here!)

Students should begin the course by viewing the documents found in the Welcome module. There is an overview of the course and the textbook, as well as a document about discussion board etiquette. Finally in this section, you will find the library use video along with a quiz about the video. **Complete the Introduction Discussion Board and the Library Quiz. Please note this quiz is for a grade and must be completed independently by the students.**

Module 1 – Introduction and Key Concepts in Global Health

Students should begin by reading the course notes for an overview of the module and Chapters 1 & 2 in the text. There are assigned reading materials found in this module that the student must complete,

Module 2 – Burden of Disease, Communicable and Non-communicable Disease

Students should begin by reading the course notes for an overview of the module and Chapters 3, 13 & 14 in the text. **There is also a discussion board question for this module. Complete the dropbox assignment for foreign country disease burden assessment. Complete the discussion board (Surprising facts about disease burden) and the quiz for this module.**

Module 3 – The Ecological and Nutritional Impact on Health

Students should begin by reading the course notes for an overview of the module and Chapters 8 & 9 in the text. **Complete 2 dropbox assignments (Update to Behavior Project & WHO Challenges Essay). Complete the discussion board (Personal Ways to Prevent Disease Physically or Attitude Adoption), and the quiz for this module.**

Module 4 – Inequities and Human Rights in Global Health

Students should begin by reading the course notes for an overview of the module and Chapters 4 & 5 in the text. **Complete the discussion board (Pick one of four vignettes at the beginning of Chapter 5 and explain the ethical or human rights issue in essay form), and the quiz for this module. Complete the dropbox assignment for foreign country health statistics comparison.**

Module 5 – Natural Disasters and Complex Humanitarian Emergencies

Students should begin by reading the course notes for an overview of the module and Chapters 16 & 17 in the text. **Complete the discussion board (Find a global health organization and describe its mission and global objectives relating to SDGs). Complete the dropbox assignment about environmental and natural disasters.**

Module 6– Global Health and Health Systems

Students should begin by reading the course notes for an overview of the module and Chapter 6 in the text. **Complete the discussion board (Choose from discussion questions # 4, 6 7, 8, 9, or 10 on page 159 in Chapter 6 and compose a response). Complete the dropbox assignment on developing a new health care system.**

Module 7 - Course Completion

Students should review the Module 7 notes. **Complete the discussion board (Your vision of healthcare). Submit your completed Behavior Change Project in dropbox.**

Campus Concealed Handgun Carry Policy

Senate Bill 11 passed by the 84th Texas Legislature allows licensed handgun holders to carry concealed handguns on campus, effective August 1, 2016. Areas excluded from concealed carry are appropriately marked, in accordance with state law. For more information regarding campus carry, please refer to the University's webpage at <https://mwsu.edu/campus-carry/rules-policies>.

If you have questions or concerns, please contact MSU Chief of Police Steven Callarman, phone 940-397-4638. Email: steven.callarman@msutexas.edu

Special Needs

In accordance with Section 504 of the Federal Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, Midwestern State University endeavors to make reasonable adjustments in its policies, practices, services, and facilities to ensure equal opportunity for qualified persons with disabilities to participate in all educational programs and activities.

The Office of Disability Services (ODS) provides information and assistance, arranges accommodations, and serves as a liaison for students, instructors, and staff. The ODS has assistive devices such as books on tape, recorders, and adaptive software which can be loaned to qualified individuals. A student/employee who seeks accommodations on the basis of disability must register with the Office of Disability Services in the Counseling Center, Clark Student Center Room 108. Documentation of a disability from a competent professional is required.

Individuals with grievances related to discrimination or lack of accommodation on the basis of a disability are encouraged to resolve the problem directly with the area involved. If the matter remains unresolved, advice and/or assistance will be provided by the Office of Disability Services for resolution. The grievance procedure may be found in the Student Handbook and Activities Calendar.

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact the Disability Support Services in Room 168 of the Clark Student Center, (940) 397-4140.

Administrative Process

Unresolved issues related to this course should be first addressed between the student and the course instructor. If there is no resolution, students must follow this sequence:

Interim Vice-President for Enrollment Management
Dr. Michael Mills (940-397-4590)
College Dean – Dr. Jeff Killion (940-397-4594)
Dean of Students – Matthew Parks (940-397-7500)

Honor System

HSHS 1013 adheres to the MSU Code of Conduct. In particular, academic dishonesty, however small, creates a breach in academic integrity. A student's participation in this course comes with the expectation that his or her work will be completed in full observance of the MSU Code of Student Conduct. A student should consult the current Student Handbook for answers to any questions about the code.

Many components of HSHS 1013 are designed to be highly interactive with students helping each other learn. Students are encouraged to take full advantage of many resources available including online D2L course resources, Internet sites, other textbooks and journals, faculty, and peers when answering objectives. This interactive collegial learning environment is conducive to lifelong learning.

Specific components of HSHS1013 are designed to represent the efforts of each student INDIVIDUALLY and are NOT to be shared or copied (plagiarized) from other sources. When students submit their efforts for grading, they are attesting they abided by this rule.

Cheating includes, but is not limited to, (1) use of any unauthorized assistance in taking quizzes, tests, or examinations; (2) dependence upon the aid of sources beyond those authorized by the instructor in writing papers, preparing reports, solving problems, or completing other assignments; or (3) the acquisition of tests or other academic materials belonging to the university faculty or staff without permission.

Plagiarism includes, but is not limited to, the use of, by paraphrase or direct quotation without correct citation in the text and on the reference list, the published or unpublished works of another person. Students may NOT submit papers and assignments that they have previously submitted for this or other courses. The use of materials generated by agencies engaged in "selling" term papers is also plagiarism. Students are encouraged to review the tutorials and suggested websites for more information about plagiarism. Papers and other assignments may be submitted to an external agency for verification of originality and authenticity.

Academic dishonesty (cheating, plagiarism, etc.) will not be tolerated in this class. Whenever a student is unsure of whether a particular situation will be interpreted as academic dishonesty, he/she should ask the instructor for clarification. If students are guilty of academic dishonesty, a grade of zero (0) may be given for the quiz, assignment, etc. Cases may also be referred to the Dean of Students for possible dismissal from the university.

Use of Artificial Writing Generators

The use of any artificial writing generator (ex: Chat GPT) is strictly prohibited. The use of artificial writing generators can and will be deemed a violation of the university's honor system. Any or all parts of a written assignment identified as having elements of writing attributed to an artificial writing source will automatically receive a zero (0) for a grade. **Students will not be allowed to make up those assignments.** This course uses software that detects AI generators. For more policy information regarding cheating and plagiarism, see the Honor System section in this syllabus.

PLEASE NOTE

By enrolling in this course, the student expressly grants MSU a "limited right" in all intellectual property created by the student for the purpose of this course. The "limited right" shall include but shall not be limited to the right to reproduce the student's work product in order to verify originality and authenticity, and for educational purposes. Specifically, faculty may submit student papers and assignments to an external agency to verify originality and authenticity and to detect plagiarism.

Grenada Study Abroad 2023
 May 19 – June 3, 2023
 TENTATIVE SCHEDULE
 Pensick Hall (the lower level)

WEEK ONE

Friday May 19—

Depart DFW, and arrive in Grenada at approximately 2:30 PM.

- Get internet access
- Settle into housing/ meet RA's
- Group Tour/Real Value IGA Supermarket
- Umbrellas for dinner (on your own, students pay for their dinner)

Saturday May 20—

11:00 am to 12:30 pm Orientation with MSU Faculty and Staff
 12:30 pm to 1:30 pm— Lunch at University Club (Provided)
 1:30pm – 3:00 pm - Free time with Kayaks, Paddleboarding, and swimming.

Sunday May 21—

Free Day
 (Rest, get acclimated to your surroundings, and read chapters 1 & 2 in the text)
[Chocolate Fest](#) – Chocolate, Wellness, and the Arts

Monday May 22—

9:30A-11A: *Course Orientation/Syllabus Review*
(bring laptops and textbook to class)

- Welcome from Dr. Anderson
- Syllabus Review
- Library Video/Quiz
- Introduction to Research Project*
- Overview of Applied Research Project

12:30 P- 2:30P: *Module One: Introduction and Key Concepts in Global Health*

- Class Discussion: Where do I Fit In?
- Quiz – Chapters 1 & 2

2:30 P – 3:30 P Guest Speaker – **Dr. Satish Bidasee**
 (Disease Prevalence in Grenada, One World, One Health, One Medicine)

4:00 P-4:30 P SGU Orientation with Mr. Colin Dowe (Pensick Hall Upper Level)

Tuesday May 23—

9:30A-11A: *Module Two: Burden of Disease, Communicable and Non-Communicable*

- Chapters 3, 13 & 14
- Class Discussion: Surprising facts about disease burden

12:30P-5P: Island Tour.

- Annandale Falls
- Grand Etang Lake

Wednesday May 24—

9:30A – 10:30 A: *Module Two Cont.: Burden of Disease, Communicable, and Non-Communicable*

- Activity: Foreign Country Disease Burden Assessment
- Quiz 2 –Chapters 3, 13, & 14

10:30A -11:30 A **Guest Speaker Dr. Stephen Nimrod**, Assistant Professor of Biology, Ecology, and Conservation

6P: Dodgy Dock True Blue Bay – Local Cuisine from Street Food Vendors and Live Music. (Must catch regular SGU bus that goes there, there will not be a special bus).

Thursday May 25—

8A-6P: Island Tour:

- Fort Frederick
- Concord Waterfall
- Victoria Nutmeg museum
- Diamond Chocolate Factory
- Lake Antoine
- Grand Etang Forest

▪ **Lunch (bring your own) picnic at Bathway Beach**

Friday May 26—

Medical School Tour: (9:00 AM to 10:00 AM)
Upon completing the tour, we will have a check-in for the Applied Research Projects.

Saturday May 27—

Free Day

Sunday May 28—

Free Day

WEEK TWO

Monday May 29—

9:30A-12P: *Module Three: The Ecological and Nutritional Impact on Health*

Discussion: Disease Prevention
Activity: WHO Challenges
Quiz – Chapters 8 & 9

1P – 4P: Work on Applied Research Projects (on your own)

Tuesday May 30—

9:30A-10:30A: *Module Four: Inequities and Human Rights in Global Health*

Activity: Health Inequities Group Project

10:30 A to 11:30A Guest Speaker: **Dr. Arlette Herry**

1P-4P: Applied Research Project (on your own)
Quiz – Chapters 4 & 5 (on your own)

Wednesday May 31—

9:30A-10:30A: *Module Five: Natural Disasters and Complex Humanitarian Emergencies*

Activity: Environmental and Natural Disasters

10:30A – 11:30A **Mrs. Jule Lindsay, RN, BScN, MN**

1P-4P: Applied Research Project (on your own)

Thursday June 1—

11:00 A – 3:00 P [Tour Snorkel Trip Double Dip - Tours Grenada](#)

Friday June 2—

9:30A -11:30A: Applied Research Presentations
(*Module 6* - Course Reflection Report is due by
midnight)

Saturday June 3—

Return to DFW

