

COURSE INFORMATION & SYLLABUS
PSYC 5273 – Addictions: Research and Practice
Spring 2023

M/W 12:30 – 1:50 Room: OD110

Office: OD 117 MW 12:00 – 12:30

INSTRUCTOR: Dr. Don Knox

Email: don.knox@msutexas.edu

TEXTBOOKS:

Concepts of Chemical Dependency: Doweiko (Cengage)

Theory and Practice of Addictions Counseling: Lassiter and Culbreth (Sage)

Recommended: *The Complete Adult Psychotherapy Treatment Planner: Jongsma (Wiley)*

PSYC 5273 – Addictions: Research and Practice

Course Description: This course covers the psychological side of addictions. Addictions to substances; gambling, eating, Internet and gaming and other related topics. Socio-cultural, historical, legal, and clinical issues related to addictions; theories and an overview of therapeutic approaches for treatment and prevention.

Prerequisites for this course – Graduate standing

Course Outline: This course is designed to familiarize students with addictions counseling field including basic pharmacology, conceptualization and assessment of substance abuse, conceptualization and assessment of sex addiction, conceptualization and assessment of gambling addiction, conceptualization and assessment of eating disorders conceptualization and assessment of Internet and gaming addictions. Models of treatment and prevention and the family dynamics that result from addictions.

Course Outcome Competencies: By the conclusion of the course, the student will understand and will be able to:

- Recognize all major concepts regarding substance abuse issues, assessment and treatment
- Recognize all major concepts regarding sex addiction including pornography addiction.
- Recognize all major concepts regarding gambling addiction.
- Recognize all major concepts regarding eating addiction.
- Recognize all major concepts regarding Internet and gaming addiction.
- Recognize the major classes of drugs and their effects.
- Use knowledge gained in class to discuss the models of addiction.
- Be familiar with and understand assessment and treatment approaches of addictions counseling.
- Become familiar with various resources on the internet related to abuse/addictions issues.
- This course requires privacy of the students and the people you may observe.

Exams: 3 exams (150 points each) 450 points

These are m/c and essay type exams. You are required to know the definition section of the Texas SAC Code

Midterm: approximately week 7/8; Final: Week 15/16

Case Studies – 500 points 5 case studies using different schools of counseling. You will use the treatment planner (Jongsma) as your guide. I will provide case studies and you will set up the treatment plan based upon a particular school of counseling. Each case study is worth 100 points.

Observations: 100 points

Going to two 12-step meetings (Recovery Center has several) (both 100 points each)
AA/NA

Point totals:

Each test is worth 150 points (450 points for 2 tests)

2 12-steps (100 points)

Case Studies 350 points (70 points each)

The University has a standard grade scale:

A = 90-100, B = 80-89, C = 70-79, D = 60-69, F= below 60, W = Withdrawal, WP = withdrew passing, WF = withdrew failing, I = incomplete.

COVID Class Attendance Requirements and Additional Classroom policies:

Class attendance is expected! Schedule problems can usually be worked out, but must be discussed IN ADVANCE. Bona fide emergencies do sometimes occur, but must be discussed with the instructor as soon as possible after the emergency absence.

COVID teaching modality – this class is structured to be an in-person course. There are NO provisions for video class time.

All recommended social distancing and face covering rules promulgated by MSU-Texas will be followed and maintained. As long as the University requires face masks/covers, students MUST wear an approved mask to be in the physical classroom to minimize the potential spread of the Coronavirus. You will be asked to leave if you do not follow the University's policy.

IF YOU HAVE MORE THAN Six (6) UNEXCUSED ABSENCES, YOU WILL BE DROPPED FROM THIS CLASS WITH A GRADE OF "F".

An absence may be excused **ONLY** if the student complies with, or provides one of the following:

- a. Negotiates approval for the absence with the instructor **IN ADVANCE**, or in the case of a legitimate emergency, as soon as is reasonable.
- b. Presents a written excuse from a physician or the MSU Infirmary via the Dean of Students
- c. Presents written evidence of participation in a mandatory University function (Band, Choir, Sports, etc.)
- d. Presents written evidence of attendance at a recognized professional meeting or professional educational program.
- e. Presents a written excuse from a physician for a dependent child's illness via the Dean of Students.

Student Code of Conduct:

MSU's official policy in the University's Code of Student Conduct on page 52, states:

Instructor Drop An instructor may drop a student any time during the semester for excessive absences, for consistently failing to meet class assignments, for an indifferent attitude, or for disruptive conduct. The instructor must give the student a verbal or written warning prior to dropping the student from the class. An instructor's drop of a student takes precedence over the student-initiated course drop of a later date. The instructor will assign a grade of either WF or F through the first 9 weeks of a long semester, the first 6 weeks of a 10-week summer term, or the 12th class day of a 4- or 5-week summer term consisting of 20 days. After these periods the grade will be an F. The date the instructor drop form is received in the Office of the Registrar as the official drop date. A student dropped from a class by a faculty member for disruptive behavior has the right of appeal to the Student Conduct Committee through the Student Conduct office.

I will closely follow this policy in terms of your conduct in class. Anything that is disruptive to the class will result in you being Instructor Dropped from the class with a grade of F. I will enforce this policy in that my obligation is to provide the best and most informative course that I can. I cannot do that when there is behavior that disrupts the class. This also includes attempting to dominate or "teach" the class, interrupting the course frequently with stories that are not facilitative or relevant to the flow of the class, using electronics during class that are not directly related to the class material, and talking frequently to one's peers while course is being held. Any other behaviors that are deemed disruptive will also be enforced as deemed by our Code of Conduct policy. Remember that there are stories and questions that are facilitative to our class discussions, and some that are obstructive.

Other Comments:

Taping, laptop microphones, Googleglasses, cell phones – NOT ALLOWED! All students deserve the same respect and confidentiality in the classroom.

I will NOT accept emailed work.

Given the nature, scope, and intensity of this course, it is essential that each student keep up. It is the responsibility of each student to seek assistance when needed.

Instructor's policy on Academic Dishonesty:

Academic Integrity: - Students are expected to abide by the rules for academic integrity. Any violations of these rules will be reported to the proper authorities for disciplinary action (please consult your student catalog – page 71). Students caught cheating in the class will be given a grade of "F" for the course. Cheating includes plagiarism—taking credit for someone else's work (e.g., cutting and pasting text from someone else's work from the internet or some other electronic form or directly quoting or paraphrasing someone's work and not properly referencing the source).

Service for the Disabled: It is University policy that no otherwise qualified disabled person be excluded from participation in, be denied the benefits of, or be subject to discrimination under any educational program or activity in the University. Students should inform the instructor of existing disabilities at the first class meeting.

Websites of interest:

<http://www.family.samhsa.gov/main/facts.aspx>

https://ncadistore.samhsa.gov/catalog/SC_Itemlist.aspx?

http://www.theantidrug.com/drug_info/http://www.samhsa.gov/index.aspx