

Zachary Zoet

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Education:

M.A. Clinical/Counseling Psychology Aug. 2015 - May 2017

B.S. Psychology/Biology Aug. 2009 - May 2014

Credentialing:

Licensed Professional Counselor Oct. 2020 - Present

State of Texas Licensure: 79705

Teaching Experience:

Adjunct Faculty, MSU Department of Psychology Aug. 2020 – Aug. 2023

- Taught 1 semester of General Psychology (PSYC-1103)
- Taught 2 semesters of Developmental Psychology (PSYC-3203)
- Taught 2 semesters of Multicultural Psychology (PSYC-5843)
- Hold full responsibility for these undergraduate and graduate courses

Counseling Experience:

Assistant Director, MSU Counseling Center Jan. 2021 – Aug. 2023

- Provide individual therapy, group therapy, couple's counseling, career counseling, and/or crisis and emergency intervention to address the psychological, social, and emotional needs of clients
- Oversee development and implementation of clinical outreach programs and faculty/staff consultation and support initiatives
- Supervise graduate-level intern students in their therapy sessions and provides clinical supervision
- Manage all center operations in absence of Director of Counseling Center

Professional Counselor, MSU Counseling Center Jun. 2018 - Jan. 2021

- Provided individual therapy, group therapy, couple's counseling, career counseling, and/or crisis and emergency intervention to address the psychological, social, and emotional needs of clients

Workshop Topics Presented:*College Student Presentations:*

Test Anxiety • Career Indecision • Depression • Anxiety • Suicide Prevention Training • Intersectionality in the Workplace • Self-Care in Graduate School • Meditation & Mindfulness • Healthy Relationships • Conflict Resolution • Handling Professional Rejection • Substance Use: Informed Decision-Making

College Faculty Presentations:

Suicide Prevention Training • Engaging and Motivating Gen Z Students

Mental Health Professionals Presentations:

Suicide Assessment & Intervention • The School Counselor's Toolkit to Working with LGBTQIA+ Students in Schools • Working with LGBTQIA+ Clients in Inpatient Settings • Counseling Queer Clients: Clinical Considerations

Conference Presentations:*Clinician-Client Perceptions of Counseling Sessions: Counselor Blind-Spots*

Texas Counseling Association 2022 Professional Growth Conference

Safer Schools: Supporting LGBTQIA+ Youth through Knowledge, Advocacy, and Timely Interventions.

Texas Counseling Association 2021 Professional Growth Conference

Working with Gender-Expansive Clients in Inpatient Settings

North Texas State Hospital 2021 Forensic Mental Health Conference

Rapid Transition to Telehealth Delivery in a Pandemic - Implications for College Counselors and College Students

Texas Counseling Association 2020 Professional Growth Conference

Additional Related Experience:*Opal Center (LGBTQIA+ mental health and advocacy nonprofit), Wichita Falls, TX*

Board Member & Treasurer Dec. 2019 - Present

- Provide free ongoing continuing education training for working with queer populations to providers in the greater North Texas region
- Provide pro bono counseling services to at-need lower SES queer clients

- Link clients to curated safe provider resource list, or fundraise travel funds to access LGBTQIA+ affirming providers in the DFW area

Helen Farabee Centers - Regional LMHA, Wichita Falls, TX

Intensive Services Adult Behavioral Case Manager Aug. 2017 - Jun. 2018

- Provided case management and paraprofessional mental health services for individuals tracking into higher-level care
- Provided crisis services – assessment and disposition to either in-patient or outpatient services for presenting crisis - for Wichita, Clay, and Archer counties

North Texas State Hospital, Wichita Falls, TX

Psychology Intern Sep. 2014 - Aug. 2015

- Provided paraprofessional mental health services for hospitalized patients including administering and assisting in interpretation of psychometric instruments and co-leading inpatient DBT groups

Professional Affiliations:

Greenbelt Counseling Association Dec. 2020 - Present

- Secretary May 2022 - Present

Texas Counseling Association Aug. 2018 – Present

Texas Association for LGBTQ Issues in Counseling Aug. 2018 - Present

Texas College Counseling Association Aug. 2018 - Present

- Outstanding College Counselor of the Year Nov. 2022 – Present